## Safely get rid of unused drugs to help protect yourself and your loved ones

Keeping unused, unwanted or expired drugs can be risky. About half of people who misuse prescription pain meds get them from a friend or relative.<sup>1</sup> And almost 50% of people in the U.S. have used at least one prescription drug in the past 30 days.<sup>2</sup> Misuse of these drugs can lead to poisoning, overdose and even death. It's important to safely get rid of unused prescription drugs to lower this risk.

## LEARN HOW TO SAFELY GET RID OF UNUSED MEDS

- **1 Go to a year-round drug take back site right away.** This is the best way to get rid of your unused medicine. Find a take back location near you through the FDA's drug take back location page: <u>fda.gov/drugs/disposal-unused-medicines-what-you-should-know/drug-disposal-drug-take-back-locations</u>
- **Participate in a National Drug Take Back Day.** The U.S. Drug Enforcement Administration (DEA) hosts these days twice a year across the country. These days are a good time to clean out your medicine cabinet and drop off your unused drugs at a take back site. Check out an event near you: <u>dea.gov/takebackday</u>
- **Reach out to local police.** Many police agencies have drug collection units available for free.
- **Learn more from the FDA.** If you can't get to a drug take back site, please visit the FDA's page on how to safely get rid of your drugs: <u>fda.gov/consumers/consumer-updates/where-and-how-dispose-unused-medicines</u>

## **KEEPING UNUSED MEDS IS DANGEROUS**

~35K

ER visits each year happen from accidental overdose in children under 6 years old<sup>3</sup>

90%+

of these ER visits happened because unwatched children got into medicine<sup>3</sup>

450K+

calls to poison centers each year are about children under 6 years old accidentally taking meds<sup>4</sup>







## **REACH OUT IF SOMETHING ISN'T RIGHT**

If you or someone in your household receives meds you did not order or do not need, please report it to Prime's Special Investigations Unit. We'll look into it.



Send us an email at <u>fraudtiphotline@primetherapeutics.com</u>



Or call us at 800.731.3269

Remember: If you do not need a drug, you do not need to take it from the pharmacy even if it is filled. Also, your prescriptions are for you and should not be shared with others.

<sup>1</sup> Lipari, R. N., & Hughes, A. (2017). How people obtain the prescription pain relievers they misuse. *The CBHSQ Report*, 1–7. U.S. Substance Abuse and Mental Health Services Administration. <u>pubmed.ncbi.nlm.nih.gov/28252901/</u> <sup>2</sup> Centers for Disease Control and Prevention/National Center for Health Statistics. (Last reviewed November 3, 2023). *Therapeutic drug use*. <u>cdc.gov/nchs/fastats/drug-use-therapeutic.htm</u> <sup>3</sup> Rakiec, R., & Salvo, M. (2023, October 18). Preventing Accidental Pediatric Medication Overdose. U.S. Pharmacist, 48(10), 27–31. <u>uspharmacist.com/article/preventing-accidental-pediatric-medication-overdose-</u> <sup>4</sup> National Association of Boards of Pharmacy. (n.d.). Drug disposal. <u>safe.pharmacy/drug-disposal/</u>